



Numerical Range of a Simple Compression

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Abstract. The numerical range of the contraction $K : \begin{bmatrix} a & b \\ c & d \end{bmatrix} \mapsto \begin{bmatrix} a & 0 \\ 0 & 0 \end{bmatrix}$ acting on $L(\mathbb{C}^2)$ is identified, so allowing one to exhibit a hermitian projection that is not ultrahermitian.

An explicit formula for the norm of the operator $\kappa_m := \begin{bmatrix} a & b \\ c & d \end{bmatrix} \mapsto \begin{bmatrix} ma & b \\ c & d \end{bmatrix}$ ($m \in \mathbb{C}$) translates into a family of inequalities in four complex variables.

Introduction

Although the product of hermitian operators on a Hilbert space is also hermitian if (and only if) they commute, this does not extend to hermitian operators on a Banach space. Indeed, the square of a hermitian need not be hermitian: and even the product of two commuting hermitian *projections* need not be hermitian.

Here I identify the numerical range of the simplest nontrivial compression operator $K : \begin{bmatrix} a & b \\ c & d \end{bmatrix} \mapsto \begin{bmatrix} a & 0 \\ 0 & 0 \end{bmatrix}$, and so can exhibit hermitian projections that are not ultrahermitian.

The norms of the related operators $\kappa_m := \begin{bmatrix} a & b \\ c & d \end{bmatrix} \mapsto \begin{bmatrix} ma & b \\ c & d \end{bmatrix}$ are calculated explicitly (as m varies in the complex plane).

Perhaps surprisingly, the quantity $a^2 + b^2 + c^2 + d^2 + \sqrt{(a^2 + b^2 + c^2 + d^2)^2 - 4(ad \pm bc)^2}$ does not necessarily decrease when one replaces a by 0 (a, b, c and d being arbitrary real numbers), but may increase by up to the factor $\|\kappa_0\|$.

1. Numerical range

I follow the standard notation and rehearse only a few salient details, referring the reader to [BD], for example, for a full exposition and other references.

Given a Banach space X we say that

$$f \in X' \text{ supports } x \in X \text{ if } \langle x, f \rangle = \|x\| = \|f\| = 1.$$

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The supporting set for X is

$$\Pi_X := \{(x, f) \in X \times X' : \langle x, f \rangle = \|x\| = \|f\| = 1\}.$$

The (spatial) numerical range of the operator $T \in L(X)$ is

$$V(T) := \{\langle Tx, f \rangle : (x, f) \in \Pi_X\}.$$

Definition 1.1. H in $L(X)$ is hermitian if its numerical range is real: equivalently, if $\|e^{irH}\| = 1$ ($\forall r \in \mathbb{R}$): equivalently, if $\|I_X + irH\| \leq 1 + o(r)$ ($\mathbb{R} \ni r \rightarrow 0$).

2. The Banach space $L(\mathbb{C}^2)$ and some linear algebra

My example lives on $L(\mathbb{C}^2)$ with the operator norm. Facts to notice about this Banach space:

- Given $f \in L(\mathbb{C}^2)$ we can define a functional $\omega_f : y \mapsto \text{tr}(yf)$ in $L(\mathbb{C}^2)'$: here tr is the *unnormalised* trace: and

$$\|\omega_f\| = \text{tr}|f| = \text{tr}(f^*f)^{\frac{1}{2}}.$$

Since any functional must be of this form we see that the [pre]dual of $L(\mathbb{C}^2)$ is, as a set, the same space as $L(\mathbb{C}^2)$: but with the trace norm.

- $\Pi_{L(\mathbb{C}^2)}$ is *biunitarily invariant* in the sense that

$$(uxv, v^*fu^*) \in \Pi_{L(\mathbb{C}^2)} \iff (x, f) \in \Pi_{L(\mathbb{C}^2)}$$

for any unitaries u and v .

- $\Pi_{L(\mathbb{C}^2)}$ is invariant under complex conjugation too — so $V(T)$ is symmetric in the real axis when T has real entries.

Given an element $x = \begin{bmatrix} a & b \\ c & d \end{bmatrix}$ of $L(\mathbb{C}^2)$ define

$$\sigma^2 = |a|^2 + |b|^2 + |c|^2 + |d|^2, \quad \nu^2 = |ad - bc|, \quad \text{and} \quad \rho^4 = \sigma^4 - 4\nu^4.$$

Then (routine computation!) the eigenvalues of x^*x are $(\sigma^2 \pm \rho^2)/2$ from which we have

$$\|x\|_{L(\mathbb{C}^2)}^2 = \frac{\sigma^2 + \rho^2}{2} \quad \text{and} \quad \text{tr}|x| = \left[\sigma^2 + 2\nu^2\right]^{\frac{1}{2}}.$$

Singular value decomposition

Given $x \in L(\mathbb{C}^2)$ there are unitaries u and v such that

$$uxv = \begin{bmatrix} \lambda_1 & 0 \\ 0 & \lambda_2 \end{bmatrix}$$

where λ_1 and λ_2 ($\lambda_1 \geq \lambda_2$) are the eigenvalues of $|x|$. In particular, if $\|x\| = 1$, there are u, v such that

$$uxv = \begin{bmatrix} 1 & 0 \\ 0 & \lambda \end{bmatrix} =: x_\lambda$$

with $0 \leq \lambda \leq 1$: and $\lambda = 1$ precisely when x itself is unitary.

The supporting set $\Pi_{L(\mathbb{C}^2)}$

Define

$$f_{(\alpha)} = \begin{bmatrix} \alpha & 0 \\ 0 & 1 - \alpha \end{bmatrix}.$$

Lemma 2.1. *The functionals $f_{(\alpha)}$ ($0 \leq \alpha \leq 1$) support x_1 : and only these. The functional $f_{(1)}$ is the only support of x_λ when $0 \leq \lambda < 1$. \square*

Hence

Lemma 2.2.

$$\Pi_{L(\mathbb{C}^2)} = \{(u^* x_\lambda v^*, v f_{(\alpha)} u)\}$$

where u, v are unitary, $0 \leq \lambda \leq 1$, & $\alpha \begin{cases} \in [0, 1] & \lambda = 1 \\ = 1 & 0 \leq \lambda < 1 \end{cases}$.

3. The compression K

Consider the selfadjoint projection $P = \begin{bmatrix} 1 & 0 \\ 0 & 0 \end{bmatrix}$ in $L(\mathbb{C}^2)$. Then the left and right multiplication operators

$$L = L_P \quad \& \quad R = R_P$$

are hermitian projections in $L(L(\mathbb{C}^2))$, for $\|e^{irL_P}\| = \|e^{irR_P}\| = \|e^{irP}\| = 1$ ($r \in \mathbb{R}$).

They commute, and their product

$$K = LR = RL$$

is a norm 1 projection on $L(\mathbb{C}^2)$, the *compression* $\begin{bmatrix} a & b \\ c & d \end{bmatrix} \mapsto \begin{bmatrix} a & 0 \\ 0 & 0 \end{bmatrix}$.

Theorem 3.1. *K is not hermitian.*

Proof. Note that $\|I - 2Q\| = \|e^{i\pi Q}\| = 1$ for any hermitian projection Q . However, $\|I - 2K\| \geq \sqrt{2}$ — for $(I - 2K) \begin{bmatrix} -1 & 1 \\ 1 & 1 \end{bmatrix} = \begin{bmatrix} 1 & 1 \\ 1 & 1 \end{bmatrix}$ and $\left\| \begin{bmatrix} -1 & 1 \\ 1 & 1 \end{bmatrix} \right\| = \sqrt{2}$ while $\left\| \begin{bmatrix} 1 & 1 \\ 1 & 1 \end{bmatrix} \right\| = 2$. (In fact, $\|I - 2K\| = \|\kappa_{-1}\| = \sqrt{2}$: see §5 below.) \square

[AF] showed, also explicitly, that $\|\exp(3\pi i K/2)\| > 1$.

Ultrahermitian projections

Consider the following two properties that may hold for a projection E on a Banach space X . Note that they are symmetrical in E and its complement $\bar{E} (= I - E)$. First,

$$(U1) \quad \|Ex\| \|E'\phi\| + \|\bar{E}x\| \|\bar{E}'\phi\| \leq \|x\| \|\phi\|$$

for $x \in X, \phi \in X'$: and, second,

$$(U2) \quad \|EAE + \bar{E}B\bar{E}\| \leq 1$$

for any contractions $A, B \in L(X)$.

Hermitian projections on Hilbert spaces have both these properties, as is easy to check.

The present author showed, see [S], that the properties (U1) and (U2) are equivalent, and introduced the term *ultrahermitian* for a projection that has either [and so both] of them.

Ultrahermitian projections are automatically hermitian [S, Theorem 4.3] and the product of two hermitian projections of which one is ultrahermitian must be hermitian [S, Corollary 4.8]. Hence

Theorem 3.2. *The left and right multiplication operators L_P and R_P , though hermitian, are not ultrahermitian.*

4. The numerical range $V(K)$

By Lemma 2.2 this is the convex set of all

$$\begin{aligned}\omega_{\lambda,\alpha} &:= \langle K u^* x_\lambda v^*, v f_{(\alpha)} u \rangle \\ &= \operatorname{tr}([P u^* x_\lambda v^* P] [v f_{(\alpha)} u]) \\ &= \operatorname{tr}([P u^* x_\lambda v^* P] [P v f_{(\alpha)} u P]) \\ &= (u^* x_\lambda v^*)_{(1,1)} (v f_{(\alpha)} u)_{(1,1)}\end{aligned}$$

where u, v are arbitrary unitaries, $0 \leq \lambda \leq 1$, and $\alpha \begin{cases} \in [0, 1] & \lambda = 1 \\ = 1 & 0 \leq \lambda < 1 \end{cases}$.

As a full set of unitaries we may take

$$u := \omega_0 \begin{bmatrix} c & \omega_2 s \\ \omega_1 s & -\omega_1 \omega_2 c \end{bmatrix} \quad \text{and} \quad v := \omega_0 \begin{bmatrix} C & \omega_2 S \\ \omega_1 S & -\omega_1 \omega_2 C \end{bmatrix}$$

with $|\omega_k| = 1, c = \cos \theta, s = \sin \theta, (0 \leq \theta \leq \pi/2)$, and $|w_k| = 1, C = \cos \varphi, S = \sin \varphi, (0 \leq \varphi \leq \pi/2)$. Compute:

$$\begin{aligned}P u^* x_\lambda v^* P &= \frac{1}{\omega_0 \omega_0} \begin{bmatrix} cC + \lambda \overline{\omega_1 \omega_2} sS & 0 \\ 0 & 0 \end{bmatrix} \\ P v f_{(\alpha)} u P &= \omega_0 \omega_0 \begin{bmatrix} \alpha cC + (1 - \alpha) \omega_1 \omega_2 sS & 0 \\ 0 & 0 \end{bmatrix}\end{aligned}$$

So

$$\begin{aligned}\omega_{\lambda,\alpha} &= \alpha c^2 C^2 + \lambda (1 - \alpha) s^2 S^2 + [\alpha \lambda \overline{\omega_1 \omega_2} + (1 - \alpha) \omega_1 \omega_2] c C s S \\ &= \begin{cases} c^2 C^2 + \lambda \overline{\omega_1 \omega_2} c C s S & 0 \leq \lambda < 1^* \\ \alpha [c^2 C^2 + \overline{\omega_1 \omega_2} c C s S] + (1 - \alpha) [s^2 S^2 + \omega_1 \omega_2 c C s S] & \lambda = 1 \end{cases}\end{aligned}$$

(* — also for $\lambda = 1$ — put $\alpha = 1$ in the following line.)

Replace $\overline{\omega_1 \omega_2}$ by ω . The points $\omega_{\lambda,1}$, ie

$$c^2 C^2 + \lambda \omega c C s S \quad (0 \leq \lambda \leq 1)$$

form the closed discs

$$D(\theta, \varphi) := \left\{ \cos^2 \theta \cos^2 \varphi + \zeta \cos \theta \cos \varphi \sin \theta \sin \varphi : |\zeta| \leq 1 \right\}$$

with boundaries as in Figure 1. This demonstrates

Theorem 4.1.

$$V(K) = \bigcup_{\substack{0 \leq \theta \leq \pi/2 \\ 0 \leq \varphi \leq \pi/2}} D(\theta, \varphi).$$

Remark 4.2. Since $-\frac{1}{8} \in V(K)$ we see that $\|I - 2K\| \geq |V(I - 2K)| = \frac{5}{4}$, so, again, K cannot be hermitian.

Lemma 4.3 (Cosine-geometric mean). Given θ, φ in the first quadrant define their cosine-geometric mean

$$\psi := \cos^{-1} \sqrt{\cos \theta \cos \varphi}.$$

Then the disc $D(\theta, \varphi)$ lies concentrically inside the disc

$$D(\psi, \psi) = \left\{ \cos^4 \psi + \zeta \cos^2 \psi \sin^2 \psi : |\zeta| \leq 1 \right\}.$$

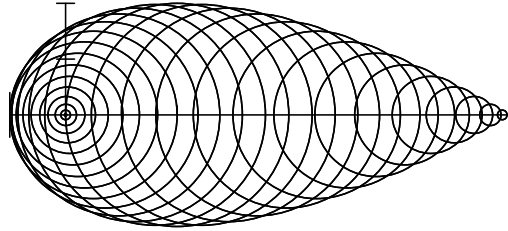


Figure 1: $\{\cos^2 \theta \cos^2 \varphi + \omega \cos \theta \cos \varphi \sin \theta \sin \varphi : |\omega| = 1\}$

Proof. Just check that $\sin \theta \sin \varphi = \cos(\theta - \varphi) - \cos^2 \psi \leq 1 - \cos^2 \psi = \sin^2 \psi$. \square

Next, for $0 < \alpha < 1$, the points $\omega_{1,\alpha}$ of the numerical range *ie*

$$\alpha[c^2 C^2 + \bar{\omega} c C s S] + (1 - \alpha)[s^2 S^2 + \omega c C s S]$$

lie in the convex hull of $D(\psi, \psi)$ and $D(\tilde{\psi}, \tilde{\psi})$, where $\tilde{\psi}$ is the cosine-geometric mean of $\frac{\pi}{2} - \theta$ and $\frac{\pi}{2} - \varphi$. Thus

Theorem 4.4.

$$V(K) = \bigcup_{\substack{0 \leq \theta \leq \pi/2 \\ 0 \leq \varphi \leq \pi/2}} D(\theta, \varphi) = \bigcup_{0 \leq \psi \leq \pi/2} D(\psi, \psi). \square$$

The circles $\partial D(\theta, \varphi)$ and $\partial D(\psi, \psi)$ lie as shown in Figure 2; and $V(K)$, the union of the discs $D(\psi, \psi)$, is as in Figure 3.

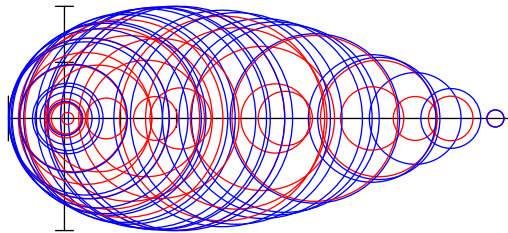


Figure 2: $\partial D(\theta, \varphi)$ (red) & $\partial D(\psi, \psi)$ (blue)

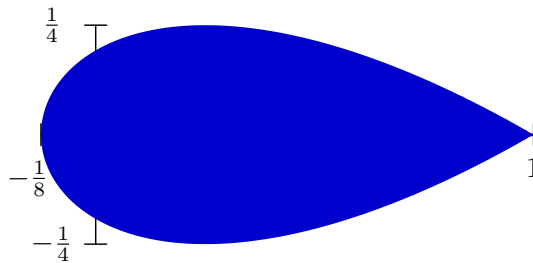


Figure 3: $V(K) = \bigcup_{0 \leq \theta \leq \pi/2} D(\theta, \theta)$

The envelope and cusp

The circumference of the disc $D(\psi, \psi)$ is [setting $\gamma = \cos^2 \psi$]

$$(x - \gamma^2)^2 + y^2 = \gamma^2(1 - \gamma)^2 = \gamma^2 - 2\gamma^3 + \gamma^4.$$

To find the envelope of the $D(\psi, \psi)$ solve this equation simultaneously with its γ -derivative

$$2(x - \gamma^2)[-2\gamma] = 2\gamma - 6\gamma^2 + 4\gamma^3$$

to get

$$2x = 3\gamma - 1$$

$$2y = \pm(1 - \gamma)\{4\gamma - 1\}^{\frac{1}{2}}$$

for $\frac{1}{4} \leq \gamma \leq 1$.

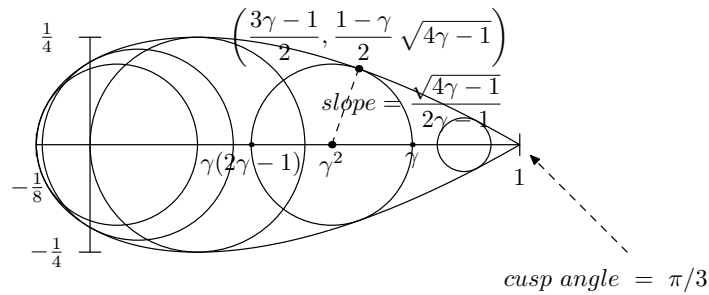


Figure 4: The cusp angle

5. The map κ_m and its norm ($m \in \mathbb{C}$)

The map κ_m is defined as

$$\kappa_m := I + (m - 1)K : L(\mathbb{C}^2) \rightarrow L(\mathbb{C}^2) : \begin{bmatrix} a & b \\ c & d \end{bmatrix} \mapsto \begin{bmatrix} ma & b \\ c & d \end{bmatrix}.$$

As a first estimate $\|\kappa_m\| \geq 1$ and $\|\kappa_m\| \geq |m|$.

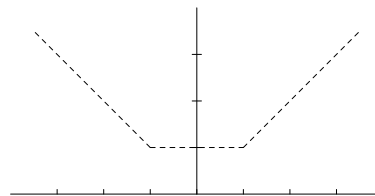


Figure 5: $\|\kappa_m\| \geq \max\{1, |m|\}$

Since κ_m attains its norm on the unit ball of $L(\mathbb{C}^2)$, the convex hull of the unitaries (the Russo-Dye theorem [BD, §38]), we next examine the values $\|\kappa_m u\|$ for unitary u . It will be more convenient to work with the expression $2\|\kappa_m u\|^2$.

With $c = \cos \theta$, $s = \sin \theta$, and $0 \leq \theta \leq \pi/2$, consider a typical unitary

$$u := u(c) = \omega_0 \begin{bmatrix} c & \omega_2 s \\ \omega_1 s & -\omega_1 \omega_2 c \end{bmatrix}$$

where ω_1 and ω_2 are arbitrary unimodular complex numbers. Calculate:

$$\begin{aligned}\sigma(\kappa_m u)^2 &= 2 + (|m|^2 - 1)c^2 \\ \rho(\kappa_m u)^4 &= c^2 \{4|m-1|^2 + [(|m|^2 - 1)^2 - 4|m-1|^2]c^2\}\end{aligned}$$

$$\begin{aligned}F_m(c) &:= 2\|\kappa_m u\|^2 \\ &= \sigma(\kappa_m u)^2 + \rho(\kappa_m u)^2 \\ &= 2 + (|m|^2 - 1)c^2 + c\{4|m-1|^2 + [(|m|^2 - 1)^2 - 4|m-1|^2]c^2\}^{\frac{1}{2}}\end{aligned}$$

The ω_1 and ω_2 are now seen to be irrelevant, so, without loss of generality, take $\omega_1 = \omega_2 = 1$.

Put

$$\Gamma := 4|m-1|^2 - (|m|^2 - 1)^2.$$

Then

$$F_m(c) = 2 + (|m|^2 - 1)c^2 + c\{4|m-1|^2 - \Gamma c^2\}^{\frac{1}{2}}.$$

Note that

$$\begin{aligned}F_m(0) &= 2, \\ F_m(1) &= 2 + |m|^2 - 1 + \{(|m|^2 - 1)^2\}^{\frac{1}{2}}, \\ &= 2 \max\{1, |m|^2\} \quad [\geq F_m(0)].\end{aligned}$$

Thus

$$\|\kappa_m\| = \max\{1, |m|\}$$

when F_m has no turning point in $[0, 1]$.

The cardioid $\Gamma = 0$

The locus $\Gamma = 0$, that is, $|m|^2 - 1 = 2|m-1|$, is the *cardioid* shown in Figure 6.

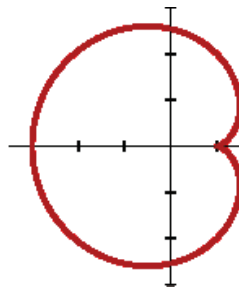


Figure 6: $|m|^2 - 1 = 2|m-1|$

In plane polar coordinates (r, ϕ) the equation is $8r \cos \phi = 3 + 6r^2 - r^4$.

Outside the cardioid $\Gamma = 0$

The function $F_m(c)$ certainly increases on $[0, 1]$ if $\Gamma \leq 0$ (which forces $|m| \geq 1$) so $\|\kappa_m\| = \max\{1, |m|\} = |m|$ outside the cardioid.

Inside the cardioid $\Gamma = 0$

To find turning points differentiate with respect to c :

$$\begin{aligned} F'_m(c) &= 2(|m|^2 - 1)c + \{4|m - 1|^2 - \Gamma c^2\}^{\frac{1}{2}} \\ &\quad - \Gamma c^2 \{4|m - 1|^2 - \Gamma c^2\}^{-\frac{1}{2}} \\ &= 2(|m|^2 - 1)c + 2\{2|m - 1|^2 - \Gamma c^2\} \{4|m - 1|^2 - \Gamma c^2\}^{-\frac{1}{2}} \end{aligned}$$

Setting $F'_m(c) = 0$ and squaring [so possibly introducing spurious solutions] leads to the equation

$$\Gamma c^4 - 4|m - 1|^2 c^2 + |m - 1|^2 = 0$$

for c^2 .

Note that if $|m| = 1$ [leaving $m = 1$ aside] the equation reduces to $(1 - 2c^2)^2 = 0$, and therefore κ_m attains its norm at $\begin{bmatrix} 1 & 1 \\ 1 & -1 \end{bmatrix}$, independently of $\arg m$.

Otherwise the discriminant is

$$\begin{aligned} \Delta &= (2|m - 1|^2)^2 - [4|m - 1|^2 - (|m|^2 - 1)^2] |m - 1|^2 \\ &= |m - 1|^2 (|m|^2 - 1)^2 > 0 \end{aligned}$$

and the candidate solutions are

$$\begin{aligned} c_{\pm}^2 &= \frac{2|m - 1|^2 \pm |m - 1| (|m|^2 - 1)}{[2|m - 1| - (|m|^2 - 1)][2|m - 1| + (|m|^2 - 1)]} \\ &= \frac{|m - 1|}{2|m - 1| \mp (|m|^2 - 1)} > 0 \end{aligned}$$

It is straightforward to check that

$$\begin{aligned} 4|m - 1|^2 - \Gamma c_{\pm}^2 &= \frac{|m - 1|^2}{c_{\pm}^2}, \\ 2|m - 1|^2 - \Gamma c_{\pm}^2 &= \mp |m - 1| (|m|^2 - 1). \end{aligned}$$

Thus

$$\begin{aligned} F'_m(c_{\pm}) &= 2(|m|^2 - 1)c + 2\{2|m - 1|^2 - \Gamma c^2\} \{4|m - 1|^2 - \Gamma c^2\}^{-\frac{1}{2}} \\ &= 2c_{\pm} \{[|m|^2 - 1] \mp [|m|^2 - 1]\}, \end{aligned}$$

which shows that c_+ alone is a possible turning point for F_m : but does c_+ lie in $[0, 1]$?

The condition for this is that $|m - 1| \leq 2|m - 1| - (|m|^2 - 1)$ ie that

$$|m|^2 - 1 \leq |m - 1|.$$

The cardioidoid $||m|^2 - 1| = |m - 1|$

The 'edge locus' $||m|^2 - 1| = |m - 1|$, which, for lack of another name I shall call a *cardioidoid*, bounds the blue region in Figure 7.

In plane polar coordinates it has equation $2r \cos \phi = 3r^2 - r^4$.

However, the set $|m|^2 - 1 \leq |m - 1|$ includes the unit disc too: I refer to this set as the *filled cardioidoid*.

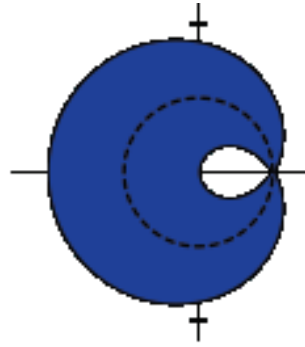


Figure 7: The cardioid

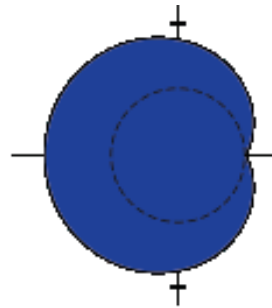


Figure 8: Filled cardioid

Inside the filled cardioid

Suppose that m lies inside the filled cardioid, so that $c_+ \in [0, 1]$.

Then

$$F_m(c_+) = \dots = 2 \frac{(|m-1|+1)^2 - |m|^2}{2|m-1|+1-|m|^2}.$$

Next

$$F_m(c_+) - 2 = \frac{2|m-1|^2}{2|m-1|+1-|m|^2} \geq 0$$

and

$$F_m(c_+) - 2|m|^2 = \frac{2(|m|^2 - 1 - |m-1|)^2}{2|m-1|+1-|m|^2} \geq 0$$

so

$$F_m(c_+) \geq F_m(1) \geq F_m(0).$$

Therefore

$$\|\kappa_m\|^2 = \frac{(|m-1|+1)^2 - |m|^2}{2|m-1|+1-|m|^2}$$

for m inside the filled cardioid. When m is real, within these limits, this expression reduces to $\frac{4}{3+m}$.

To sum up:

Theorem 5.1.

$$\|\kappa_m\| = \left\{ \begin{array}{ll} |m| & \text{outside} \\ \sqrt{\frac{(|m-1|+1)^2 - |m|^2}{2|m-1|+1-|m|^2}} & \text{inside} \\ \sqrt{\frac{4}{3+m}} & \text{on real axis inside} \end{array} \right\} \text{ the filled cardioidoid.}$$

Graph of $\|\kappa_m\|$ for m real

For real m inside the filled cardioidoid, ie $-2 \leq m \leq 1$, we have

$$\|\kappa_m\| = \sqrt{\frac{4}{3+m}}.$$

The graph of norm κ_m is shown in Figure 9.

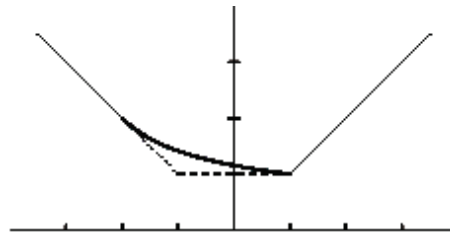


Figure 9: $\|\kappa_m\|$ is continuous for all m but is not differentiable at 1, even as a function of a real variable

6. An inequality

The inequalities

$$\|\kappa_m A\| \leq \|\kappa_m\| \|A\|$$

(for complex 2×2 matrices A) are hardly transparent when written out explicitly. However, for $m = 0$, the simplest case, we have $\|I - K\| = \|\kappa_0\| = 2/\sqrt{3}$ so, for any real numbers a, b, c, d , we have

$$\begin{aligned} & 3(b^2 + c^2 + d^2 + \sqrt{(b^2 + c^2 + d^2)^2 - 4b^2c^2}) \\ & \leq 4(a^2 + b^2 + c^2 + d^2 + \sqrt{(a^2 + b^2 + c^2 + d^2)^2 - 4(ad \pm bc)^2}) \end{aligned}$$

or, on rewriting,

$$\begin{aligned} & 3(b^2 + c^2 + d^2 + \sqrt{[(b-c)^2 + d^2][(b+c)^2 + d^2]}) \\ & \leq 4(a^2 + b^2 + c^2 + d^2 + \sqrt{[(a-d)^2 + (b \mp c)^2][(a+d)^2 + (b \pm c)^2]}). \end{aligned}$$

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